



**SUBJECT: GME Policies and Procedures Related to Moonlighting**

**Effective Date: July 1, 2008**

**APPROVAL:**

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**Revision Number: 1**

**Date: July 1, 2011**

**DISTRIBUTION: Program Directors, Residents and Staff**

The University of Arizona/UPHK  
Graduate Medical Education Consortium  
Graduate Medical Education Committee  
Policies and Procedures

## **Moonlighting**

### **Purpose:**

Professional and patient care activities that are external to the educational program are called moonlighting. Moonlighting activities, whether external or internal, may be inconsistent with sufficient time for rest and restoration to promote the residents' educational experience and safe patient care. Therefore, the institution and program directors will closely monitor moonlighting activities as follows:

### **Policy:**

1. All moonlighting activities (both internal and external) must be counted toward the 80-hour weekly limit on duty hours averaged over a four-week period.
2. PGY1 residents are not allowed to moonlight.
3. Unless any facet of moonlighting conflicts with ACGME guidelines or creates a conflict of interest for the Consortium, the Consortium leadership shall approve, with the concurrence of the program director, moonlighting activities for residents.
4. Residency education is a full-time endeavor, therefore, each program director must ensure that moonlighting does not interfere with the integrity of the residents' training program and has the ultimate authority to deny or rescind permission for moonlighting. It

- is the responsibility of the program director to formulate a moonlighting policy for his/her program and to provide a copy to the GME Office annually.
5. Residents are NOT required to engage in moonlighting.
  6. A prospective written statement of permission for moonlighting activities must be obtained from the program director and be part of the residents' file. The resident's performance will be monitored for the effect of these activities upon performance. Adverse effects may lead to withdrawal of permission to moonlight.
  7. Possession of a training permit, as required by the College of Medicine and issued by the Arizona Medical Board or by the Arizona Board of Osteopathic Examiners restricts the residents' functions to those conducted as part of an approved postgraduate training program. Thus, professional liability coverage of residents from Arizona State Risk Management provides coverage only for residency activities. Therefore, residents are responsible for obtaining appropriate licensure and professional liability insurance for any other activities (moonlighting). The State of Arizona, the Arizona Board of Regents, nor The University of Arizona/UPHK Graduate Medical Education Consortium shall be responsible for any complaints or claims arising out of moonlighting activities.

Original July 2008

1<sup>st</sup> revision July 2011