

**For Immediate Release**

Contact: Christina Myren  
Office: 520.874.4271  
Mobile: 520.310.2400  
Email: cmyren@uph.org

**Free Sports Injury Clinic Offered for High School  
Athletes through Nov. 6**

*Saturday morning clinic conducted by Arizona Institute for Sports Medicine and UA Department of Orthopaedic Surgery*

**TUCSON, Ariz. (Oct. 26, 2010)** – University Physicians Healthcare’s Arizona Institute for Sports Medicine, in conjunction with the University of Arizona College of Medicine Department of Orthopaedic Surgery, is holding free sports-injury clinics on Saturdays through Nov. 6. The clinic is designed to help student athletes that may have been injured while engaging in their sport.

The clinic is held **Saturday 8:30 to 10:30 a.m. through Nov. 6** at the Arizona Institute for Sports Medicine, located on the UPH Hospital campus, 2800 E. Ajo Way, Suite 200. No appointment is necessary and there is no charge for the initial physician consultation. To receive treatment, a parent or guardian must accompany athletes under 18 years old or the athlete must have written consent.

“Prompt treatment is a major factor in healing,” said Holly McNulty MD, associate fellowship director of the Primary Care Sports Medicine Fellowship at the UA College of Medicine who oversees primary care at the Arizona Institute of Sports Medicine. “The clinic is an important way of encouraging athletes to seek medical help as soon as possible. That means we have a greater chance for better outcomes with the athletes getting back into the game as soon as possible.”

“Sports docs manage injuries a bit differently than other orthopaedists,” said Lutul Farrow, MD, assistant professor of clinical orthopaedic surgery at the UA College of Medicine and director of the Arizona Institute for Sports Medicine. “We are constantly thinking about how we can safely diminish the amount of time an athlete has to be out of play. Sometimes that means being creative with respect to the ways we treat certain injuries.”

**More information on the Saturday sports injury clinic is available by calling the Arizona Institute for Sports Medicine at (520) 874-9000.**

UPH is a nonprofit corporation created in 1985 as the medical practice of the physicians of the UA College of Medicine. Together, UPH, the University of Arizona, UPH Hospital and University Medical Center combine to care for patients, educate medical students, train young physicians and conduct clinical research. With more than 400 physicians and 2,000 staff, UPH is Arizona's largest physicians group.

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